

CHAMPLIN WEEKLY MENU

Week of Sept 9 – Sept 15

BREAKFAST Available Daily:
Bacon, Turkey Bacon, Sausage, Fruit/Yogurt, Cereals/Hot & Cold, MYO Waffles, Breakfast Potatoes, Bagels/Pastries

LUNCH Available Daily:
Hamburgers, Cheeseburgers, Fries, Pizza, CTO, Hot Bar, Deli, Salad Bar, MYO Waffles, Ice Cream

DINNER Available Daily:
Hamburgers, Cheeseburgers, Fries, Pizza, CTO, Hot Bar, Deli, Salad Bar, Ice Cream

****Chicken Sandwich: Every Day**

****Hamburger & Cheeseburger: Every Day**

BREAKFAST

LUNCH

DINNER

<p>MONDAY – 9/9 OMELETS TO ORDER Egg & Cheese on an English Muffin</p>	<p>SOUP: New England Clam Chowder ENTRÉE: Chicken Cordon Bleu – Breaded Chicken topped w/Ham & Melted Swiss Cheese & Honey Mustard glaze STARCH & VEGETABLE: Roasted Baby Red Potatoes / Prince Edward Blend veggies COOK'S CORNER: Philly Cheesesteak w/Fire Roasted Veg & Cheese Sauce on Hoagie Roll ALLERGEN: GF General Chicken Cordon Bleu, Baby Bakers & Prince Edward veggies PIZZA: Veggie Lovers Pizza DESSERT: Cannoli Chip Cookie cups</p>	<p>SOUP: New England Clam Chowder ENTRÉE: Meatballs & Marinara Sauce STARCH & VEGETABLE: Garlic Toast / Steamed Vegetables COOK'S CORNER: Philly Cheesesteak w/Fire Roasted Veg & Cheese Sauce on Hoagie Roll ALLERGEN: GF Stuffed Meatballs & Marinara w/ GF Penne & Asiago Cheese & Steamed Vegetables PIZZA: Veggie Lover Pizza DESSERT: Strawberry Eclairs</p>
<p>TUESDAY – 9/10 OMELETS TO ORDER Western Egg Wraps</p>	<p>SOUP: Chicken Noodle Soup ENTRÉE: General Tso's Chicken STARCH & VEGETABLE: Jasmine Rice / Broccoli COOK'S CORNER: Susi Bar – 6 pieces of Sushi served with accompaniments DELI: Burrito Bar with Toppings ALLERGEN: GF General Tso's Chicken / Jasmine Rice /Steamed Broccoli PIZZA: Chicken Bacon Ranch Pizza DESSERT: Raspberry Cookies</p>	<p>SOUP: Chicken Noodle Soup ENTRÉE: Italian Breaded Chicken Breast w/ Spinach, Bacon & Asiago Cheese Sauce STARCH & VEGETABLE: Cous Cous / Grilled Vegetable Blend COOK'S CORNER: Sushi Bar ALLERGEN: GF Italian Breaded Chicken Breast w/ Spinach, Bacon & Asiago Cheese Sauce / GF Rotini Pasta w/ Garlic Oil & Parmesan PIZZA: Chicken Bacon Ranch Pizza DESSERT: Key Lime Pie</p>
<p>WEDNESDAY – 9/11 OMELETS TO ORDER Egg & Cheese on a Bagel</p>	<p>SOUP: Vegetable Soup ENTRÉE: Grilled Jerk Chicken 1/8's w/ Honey Glaze STARCH & VEGETABLE: Parsley Buttered Potatoes / Garlic Green Beans COOK'S CORNER: Pasta Action with choice of Chicken, Shrimp & Veggies ALLERGEN: GF Jerk Chicken / Parsley Buttered Potatoes / Sauteed Green Beans PIZZA: Garlic Knots & Baked Manicotti W/ Marinara Sauce & Melted Mozzarella DESSERT: Salted Caramel Cookies</p>	<p>SOUP: Vegetable Soup ENTRÉE: Beef & Broccoli STARCH & VEGETABLE: White Rice / Normandy Vegetable Blend COOK'S CORNER: Pasta Action with choice of Chicken, Shrimp & Veggies ALLERGEN: GF Beef & Broccoli / White Rice / Normandy Blend Vegetables PIZZA: Garlic Knots & Baked Manicotti W/ Marinara Sauce & Melted Mozzarella DESSERT: Mixed Berry Trifle</p>
<p>THURSDAY – 9/12 OMELETS TO ORDER Broccoli, Cheddar & Egg Strudel</p>	<p>SOUP: Italian Chicken Tortellini Soup ENTRÉE: BBQ Pulled Pork STARCH & VEGETABLE: Baked Beans / Cole Slaw COOK'S CORNER: Mexican Crunch Wrap & Burrito Bar ALLERGEN: GF BBQ Pulled Pork / Cole Slaw / Baby Carrots / Baked Beans PIZZA: Garlic, Tomato, Spinach Pizza DESSERT: Snickerdoodle Cookies</p>	<p>SOUP: Italian Chicken Tortellini Soup ENTRÉE: Cajun Seared Catfish w/ Remoulade Sauce & Lemon Wedge STARCH & VEGETABLE: Corn Muffins / Sauteed Spinach COOK'S CORNER: Mexican Crunch Wrap & Burrito Bar ALLERGEN: GF Curry Vegetables & Grilled Chicken / Basmati Rice PIZZA: Garlic, Tomato, Spinach Pizza DESSERT: Raspberry Donut Cheesecake</p>
<p>FRIDAY – 9/13 OMELETS TO ORDER Egg & Cheese on a Biscuit</p>	<p>SOUP: Beef Vegetable Soup ENTRÉE: Hot Honey Chicken served w/ Rolls & Toppings – lettuce, tomato, onion, Pepperjack Cheese, Bacon & Dill Pickle Chips STARCH & VEGETABLE: Mac & Cheese / Sauteed Zucchini, Tomato, Red Onion & Garlic COOK'S CORNER: Roasted or Fried Chicken Wrap DELI: Burrito Bar w/Toppings ALLERGEN: GF Hot Honey Chicken served w/ Rolls & Toppings PIZZA: 4 Cheese Pizza DESSERT: Brownies</p>	<p>SOUP: Beef Vegetable Soup ENTRÉE: Carved Roast Beef w/Gravy STARCH & VEGETABLE: Herb Roasted Potatoes / Bermuda Blend Veggies COOK'S CORNER: Roasted / Fried Chicken Wrap ALLERGEN: Carved Roast Beef w/ GF Gravy, Herb Roasted Potatoes & Bermuda Blend Veggies PIZZA: 4 Cheese Pizza DESSERT: Peanut Butter Pie</p>
<p>SATURDAY – 9/14 Brunch Continental Breakfast Omelets (CTO)</p>	<p>SOUP: Soup Du Jour ENTRÉE: Apple Cinnamon Breakfast Bake COOK'S CORNER: Omelets ALLERGEN: GF Sandwich Bar HOT CEREAL BAR: Oatmeal / Cream of Wheat with dried cherries, raisins, maple syrup, choc chips, spiced apples, coconut, cinnamon, brown sugar PIZZA: Assorted Pizza DESSERT: Assorted Pastries, Muffins & Donuts</p>	<p>SOUP: Soup DuJour ENTRÉE: Fried Chicken Bowl - boneless breaded Chicken w/ Chicken gravy, Mashed Potatoes & Corn STARCH & VEGETABLE: Mashed Potatoes, Gravy, Corn ALLERGEN: GF Chicken Bowl w/Mashed Potatoes, Gravy & Corn PIZZA: Assorted Pizza DESSERT: Ice Cream Novelties</p>
<p>SUNDAY – 9/15 Brunch Continental Breakfast Omelets (CTO)</p>	<p>SOUP: Soup DuJour ENTRÉE: French Toast COOK'S CORNER: Omelets ALLERGEN: GF Sandwich Bar HOT CEREAL BAR: Oatmeal / Cream of Wheat with dried cherries, raisins, maple syrup, choc chips, spiced apples, coconut, cinnamon, brown sugar PIZZA: Assorted Pizza DESSERT: Assorted Pastries, Muffins & Donuts</p>	<p>SOUP: Soup DuJour ENTRÉE: Glazed Beef Brisket STARCH & VEGETABLE: Steamed Potatoes / Roasted Asparagus ALLERGEN: GF Glazed Beef Brisket / Steamed Potatoes / Roasted Asparagus PIZZA: Assorted Pizza DESSERT: Ice Cream Novelties</p>