

CHAMPLIN WEEKLY MENU

Week of August 18-24

BREAKFAST

LUNCH

DINNER

MONDAY – 8/18 Egg & Cheese on a Croissant MYO Waffles	ENTRÉE: Beef Enchilada Bar w/Tomatoes, Scallions, Cilantro, Salsa & Sour Cream STARCH & VEGETABLE: Tortilla Chips / Queso / Jalapeno Corn & Seasoned Black Beans ALLERGEN: Beef Enchilada w/GF Tortilla Chips, Queso, Salsa, Sour Cream and Jalapeno Corn w/Black Beans DELI: Sandwiches PIZZA: Assorted DESSERT: Double Chocolate Chunk Cookies **Fried Chicken Sandwhich / FF / Onion Rings / Mac & Cheese / Pasta & Sauces	ENTRÉE: Creamy Tuscan Chicken STARCH & VEGETABLE: Egg Noodle / Roasted Asparagus ALLERGEN: GF Creamy Tuscan Chicken, Rotini, Roasted Asparagus DELI: Sandwiches DESSERT: Chocolate Cream Pie ** Burgers & Cheeseburgers / FF / Onion Rings / Pasta & Sauces
TUESDAY – 8/19 Chocolate Chip Pancakes MYO Waffles	ENTRÉE: Chicken Cordon Bleu STARCH & VEGETABLE: Sweet Potato Wedges / Monte Carol Blend Veggies ALLERGEN: GF Chicken Cordon Bleu, Sweet Potato Wedges, Monte Carlo Blend DELI: Sandwiches PIZZA: Assorted DESSERT: Cupcakes ** Burgers & Cheeseburgers / FF / Onion Rings / Pasta & Sauces / Mac & Cheese	ENTRÉE: Pepper Steak STARCH & VEGETABLE: Jasmine Rice / Sugar Snap Peas ALLERGEN: GF Pepper Steak over Jasmine Rice, Snap Peas w/Sauteed Garlic DELI: Sandwiches DESSERT: Lemoncello Cake **Fried Chicken Sandwich / FF / Onion Rings / Mac & Cheese / Pasta & Sauces
WEDNESDAY – 8/20 Egg & Cheese on a Biscuit MYO Waffles	ENTRÉE: Chicken Fajita w/Peppers & Onions STARCH & VEGETABLE: Red Beans and Rice / California Blend Veg ALLERGEN: GF Chicken Fajita w/Peppers, Onions, Tortillas, Red Beans & Cali Blend Veggies DELI: Sandwiches PIZZA: Assorted DESSERT: Cream Puffs ** Burgers & Cheeseburgers / FF / Onion Rings / Pasta & Sauces / Mac & Cheese	ENTRÉE: Fried Chicken STARCH & VEGETABLE: Whole Roasted Potatoes / Roasted Brussel Sprouts ALLERGEN: GF Chicken Tenders, Whole Roasted Potatoes, Roasted Brussel Sprouts DELI: Sandwiches DESSERT: Frosted Funfetti Cookie Bars ** Burgers & Cheeseburgers / FF / Onion Rings / Pasta & Sauces
THURSDAY – 8/21 Bacon, Egg & Cheese Strudel MYO Waffles	ENTRÉE: Orange Chicken STARCH & VEGETABLE: White Rice / Asian Style Veggies ALLERGEN: GF Orange Chicken, Orange Sauce, White Rice, Asian Style Veggies DELI: Sandwiches PIZZA: Assorted DESSERT: Dessert Bars ** Burgers & Cheeseburgers / FF / Onion Rings / Pasta & Sauces / Mac & Cheese	ENTRÉE: Sliced Sirloin w/Beef Gravy STARCH & VEGETABLE: Mashed Potatoes / Garlic Green Beans ALLERGEN: GF Sliced Sirloin, Beef Gravy, Mashed Poatoes, Garlic Green Beans DELI: Sandwiches PIZZA: Assorted DESSERT: Tiramisu **Fried Chicken Sandwich / FF / Onion Rings / Mac & Cheese / Pasta & Sauces
FRIDAY – 8/22 Egg & Cheese on a Bagel MYO Waffles	Freshman/Family Deli Picnic Outside under the tent! Sub Sandwiches: Turkey, Roast Beef, Italian or Veggie w/Hummus / Tri-Color Pasta Salad / Potato Dinner Rolls / Sliced Watermelon / Assorted Cookies / Water, Lemonade, Soda **UPON REQUEST: GLUTEN FREE: Turkey, Roast Beef or Ham Sandwiches, GF Pasta Salad, GF Chips & GF Dessert Served 11am - 2pm	Welcome Freshman BBQ At Champlin Dining Hall Pulled Pork w/ Rolls / Corn on the Cob / Macaroni & Cheese/ Hamburger & Cheese Burgers / French Fries / Onion RingsFried Mozzarella Sticks w/Marinara / Mini Chicken Tacos / Fried Pickles / **UPON REQUEST: Veggie Burgers GLUTEN FREE: Pulled Pork, Sweet Potato Fries, Corn on the Cob, Strawberry Shortcake GF Biscuit Served 4:30 - 6:30pm
SATURDAY – 8/23 OMELET BAR French Toast MYO Waffles	ENTRÉE: Beef Goulash w/Noodles & Baked Mozzarell STARCH : Garlic Bread Sticks / Broccoli ALLERGEN: Beef Goulash w/GF Pasta & Baked Mozzarella Cheese DELI: Sandwiches PIZZA: Assorted DESSERT: Assorted Pastries, Muffins, Donuts **Fried Chicken Sandwich / Burgers & Cheeseburgers / FF / Onion Rings / Mac & Cheese / Pasta & Sauces	Luau Dinner Celebration At Champlin Dining Hall Roasted Pig / Maui Grilled Salmon w/Pineapple Salsa / Sauteed Mixed Veggies / Macaroni Salad / Coconut Rice / Coleslaw / Mai Tai Mocktails / Soda & Water / Pina Colada Truffle (Yellow Cake, Vanilla Pudding, Crushed Pineapple, Marachino Cherries, Whipped Cream ** GLUTEN FREE: Roasted Pork, Coleslaw, Sauteed Mixed Veggies, White Rice Outside Under the Tent 4:30 - 6:30pm
SUNDAY – 8/24 Western Breakfast Scramble topped w/Cheddar Cheese, w/Tortillas on the side MYO Waffles	ENTRÉE: Chicken & Biscuits / Chicken & Veggie Stew w/Chicken Gravy STARCH : Buttermilk Biscuits / Mixed Veggies ALLERGEN: GF Chicken & Biscuits DELI: Sandwiches PIZZA: Assorted DESSERT: Assorted Muffins, Pastries, Donuts **Fried Chicken Sandwich / Burgers & Cheeseburgers / FF / Onion Rings / Mac & Cheese / Pasta & Sauces	Welcome Back BBQ served outside under the tent! BBQ Chicken / Popcorn Shrimp w/Yum Yum Sauce in Roll / Beef Gyros w/Pita Bread, Lettuce, Tomatoes, Onion & Tzatziki / Corn Dogs / Hot Salted Pretzel Stix / Chateau Blend Veggies / Nacho Chip Bar / Lemonade / Water / Soda / Gourmet Assorted Brownies & Ice Cream Novelties **UPON REQUEST: Veggie Burger / GLUTEN FREE: BBQ Chicken / Potato Salad / Chips / Flourless Torte Champlin closed from 3-4:30